

# Arlington Dance Academy

## 2024-2025 Fall Class Schedule

Saturday, August 24 - Thursday, December 19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Adult Jazz Workshop 9:30-10:30 Caroline 10/14-12/2                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Dance with Mel 18 - 36 months 10:30-11:00 Caroline                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     New 3's Class 11:00-11:30 Caroline <small>New 3's is for dancers turning 3 after September 1. This class will start in January.</small> </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 4&amp;5 yrs old 1:00-1:45 Christine                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Tap 1 4:00-5:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Tap 2 5:00-6:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Tap 3 6:00-7:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Adult Beg. Tap 7:00-8:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px;">                     Adult Int. Jazz 8:00-9:15 Mari Jo                 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 3&amp;4 yrs old 9:30-10:15 Caroline                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 4&amp;5 yrs old 10:15-11:00 Caroline                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 2 4:15-5:15 Celine                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 3 5:15-6:15 Laura                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 4 7:00-8:00 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 5 7:00-8:15 Laura                 </div> <div style="border: 1px solid black; padding: 2px;">                     Jazz 5 8:15-9:15 Celine                 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 7&amp;8 yrs old 4:15-5:00 Rachel                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 3 5:00-6:00 Rachel                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 4 6:00-7:00 Rachel                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 5 7:00-8:00 Rachel                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Special Stars 7:00-8:00 Kelly 10/23 - 12/18                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     *BeMoved® 6:30-7:30 Mari Jo Adult Int. Tap 7:30-8:30 Jenna                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Jazz 7 6:00-7:00 Julie                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Jazz 8 7:00-8:00 Julie                 </div> <div style="border: 1px solid black; padding: 2px;">                     Jazz 6 8:00-9:00 Julie                 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 1 4:15-5:15 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 4 5:15-6:15 Laura                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 7/8 6:15-7:30 Laura                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pointe 3 7:30-8:15 Laura                 </div> <div style="border: 1px solid black; padding: 2px;">                     Adult Ballet 1 8:15-9:15 Laura                 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Dance with Mel 18 - 36 months 9:00-9:30 Katie                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 3&amp;4 yrs old 9:30-10:15 Katie                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 4&amp;5 yrs old 10:15-11:00 Katie                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Adult Modern Workshop 11:00-12:00 9/31 - 9/21 Katie                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     *Teen Workshop Series 13+ Ballet/Tap/Jazz/Contemporary 1:00-2:00 Staff                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet &amp; Tap 5&amp;6 yrs old 9:00-10:00 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet &amp; Tap Casey 9:00-10:00                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 3&amp;4 yrs old 10:00-10:45 Casey                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pre Ballet &amp; Tap 4&amp;5 yrs old 10:45-11:30 Casey                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet &amp; Tap 6&amp;7 yrs old 11:30-12:30 Casey                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Core 9:00-9:45 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Adult 9:45-10:45 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 2 10:00-11:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 7/8 10:45-12:00 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 6 11:00-12:15 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Ballet 1 12:00-1:00 Jeanette                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Pointe 1 12:15-1:00 Corinne                 </div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">                     Peanutracker Ages 4 - 10 Saturdays, 1-3pm: 11/2, 11/9, 11/16, 11/23, 12/7 Sundays, 12-2pm: 11/3 and 11/17 Performance is Sunday 12/8                 </div>

8/19/2024

\* BeMoved® is a dance fitness experience for adults of all ages and skill levels, including those who have never danced before. Do you love to dance, or have you always wanted to learn? Whether you are a beginner or a pro, BeMoved Dance is the perfect place for you to express yourself, have fun, and improve your wellbeing. BeMoved Dance is a dance fitness program that offers over 20 unique dance genres, from Bollywood to Broadway, to suit your mood and style. You will be guided through a warm-up, a genre, and a cool-down. You will feel the joy of movement, the rhythm of music, and the power of dance. BeMoved Dance is more than just a workout, it is a celebration of life. Join today and discover how BeMoved Dance can transform your body, mind, and soul.

\* Teen Workshop Series: This class is for teens ages 13+ looking to try different styles of dance. Each style will be presented in a 4 week introductory session geared toward the beginning level. Attire is form fitting athletic wear. Tap shoes are not required for tap. Clean hard soled sneakers are acceptable. Socks are acceptable for ballet, jazz and modern. Staff will rotate with each session. Students can register for one 4 week session or multiple sessions. Try something new!

\* Jumps and Turns 12+: Looking to improve your jumps and turns? This class will help students improve technique for stronger jumps and turns for class, dance team, poms and orchesis. This class is for ages 12+ and dancers must be in level 3 or higher.