Arlington Dance Academy 2024-2025 Fall Class Schedule Saturday, August 24 - Thursday, December 19				
Adult Jazz Workshop 9-30-10-30 Caroline 10/14- 12/2 Dance with Met 18 - 36 months 10-30-11:00 Caroline New 3's Class 11:00-11:30 This class will start in January. Caroline Pre Ballet & Tap 455 yrs old 1:00-145 Christine	Pre Ballet &Tap 3&4 yrs old 9:30-10:15 Caroline Pre Ballet &Tap 4&5 yrs old 10:15-11:00 Caroline			Dance with Mel 18 - 36 months Ballet & Tap 556 yrs old 9:00-10:00 Core Jeanette Ballet 2 9:00-10:00   Pre Ballet & Tap 3:30-10:15 Casey Adult 9:00-10:00 Jeanette   9:30-10:16 Casey Adult 9:00-10:00 Jeanette Corime   9:30-10:16 Casey Adult Ballet 2 Ballet 4   Pre Ballet & Tap 3:30-10:15 Pre Ballet & Tap 1:0:00-11:00 Ballet 2 Ballet 4   Pre Ballet & Tap 4:45 yrs old Casey Jeanette Corime   Adult Modern 10:15-11:00 Pre Ballet & Tap Casey Jeanette 10:00-11:00   Vorkshop 10:10-12:00 Ballet & Tap Casey Jeanette 11:00-12:15   Vorkshop 10:10-12:00 Ballet & Tap Casey Jeanette Porte 1 12:00-1:00   Part Ballet ATap 10:00-100 Ballet 1 12:00-1:00 Porte 1 12:15-1:00 Porte 1 12:15-1:00   Saturd Yap, 1:agr/ Contemporty Part Agree 4 - 10 Saturdrays, 1-3pm: 11/2, 11/29, 11/6, 11/23, 12/7
Tap 1 Jacz   4:00-5:00 Ballet & Tap Jacz   7-9 yrs old 687 yrs old 5.7 yrs old   Tap 2 4:30-5:30 5.15   5:00-6:00 Tatum Jacz 3   Corinne 5:30-6:15 Jacz 3   5:00-6:00 Tatum 5:15-6:15   Corinne Jacz 1 6:15-7:15   6:00-7:00 Jacz 1 6:15-7:15   Adult Beg, Tap Tatum Modem 5   Corinne 7:15-8:15 Laura   Adult Beg, Tap Adult Partition 1   Adult Levels 3-5:15 Tatum Sarah   Adult Contemporary Levels 3-6:15 Sarah   Adult Contemporary Levels 3-6:15 Sarah   Adult Contemporary Lavis 3 Sarah   Adult Contemporary Lavis 3 Sarah   Adult Ballet 6 Pointe 2   8:159-115 Faller 6 Sarah	Jazz 7&5 yrs old Ballet 2 5&8 yrs old 4:15-5:15 Modern 1 ages 10+ 3eges 10+ 4:45-5:00   Jazz 7&5 yrs old 4:15-5:15 4:15-5:15 4:15-5:15   Jazz 7&8 yrs old 4:15-5:15 4:15-5:15 Jazz 2   Modern 7-9 yrs old 5:15-6:15 5:15-6:15 5:15-6:15   Jazz 3 PP1 PP2 Jazz 9   Jazz 3 PP1 PP2 Jazz 9   Jazz 3 PP1 PP2 Jazz 9   Jazr 4 5:15-00 6:15-7:00 6:15-7:00   Cellne Ballet 3 7:00-8:00 Centemporary Laura Centemporary Laura   Jazz 5 Adult Pointe 8:15-9:15 Beg, Jazz Adult Modern 4   Jazz 5 Adult Pointe 8:15-9:15 8:00-9:00 8:15-9:15   Cellne Laura Jeanete Sarah	Balliet 788 yrs old Jumps and Tums 12+   Ballet 3 5:00-6:00   Rachel Julie   Ballet 3 5:00-6:00   Rachel Julie   Ballet 4 5:00-6:00   Rachel Julie   Ballet 4 6:00-7:00   Rachel "BeMoved   Ballet 5 Special Stars   7:00-8:00 7:00-8:00   Rachel Mari Jo   7:00-8:00 Kelly 10/23 - 12/18   Janna 8:00-9:00   Julie Julie	Ballet 1 Ballet 1   Patiet 788 yrs old 4:15-5:15   4:30-5:15 Jeanette   Christine Filp Hop   Ballet 4 Ballet 8 Tap Ballet 5   5:15-6:15 5:16-6:15 5:16-6:15   Ballet 7/8 Ballet 8 Tap Ballet 6   Ballet 7/8 Ballet 8 Tap Ballet 6   6:15-7:15 Jeanette 10-13 yrs old   6:15-7:15 Jeanette 1/13   Pointe 3 Christine Pointe 1   7:30-8:15 Jeanette 1/15-8:15   Adult Pointe 1 7:15-8:15   Adult Hip Hop 14-18 yrs old   8:15-9:15 Lavra 4:15-9:15	Sundays, 12.2pm: 11/3 and 11/17 Performance is Sunday 12/8

BeMoved® is a dance fitness experience for adults of all ages and skill levels, including those who have never danced before. Do you love to dance, or have you always wanted to lear? Whether you are a beginner or a pro, BeMoved Dance is the perfect place for you to express yourself, have fun, and improve your wellbeing. BeMoved Dance is a dance fitness program that offers over 20 unique dance genres, from Bollywood to Broadway, to suit your mood and style. You will be guided through a warm-up, a genre, and a cool-down. You will feel the joy of movement, the rhythm of music, and the power of dance. BeMoved Dance is more than just a workout, it is a celebration of life. Join today and discover how BeMoved Dance can transform your body, mind, and soul.

\* Teen Workshop Series: This class is for teens ages 13+ looking to try different styles of dance. Each style will be presented in a 4 week introductory session geared toward the beginning level. Attire is form fitting athletic wear. Tap shoes are not required for tap. Clean hard soled sneakers are acceptable. Socks are acceptable for ballet, jazz and modern. Staff will rotate with each session. Students can register one 4 week session or multiple sessions. Try something new!

\* Jumps and Turns 12+: Looking to improve your jumps and turns? This class will help students improve technique for stronger jumps and turns for class, dance team, poms and orchesis. This class is for ages 12+ and dancers must be in level 3 or higher.